

EMMER GREEN SURGERY

PATIENT NEWSLETTER

February Edition

Here are some lovely comments you left us this month:

MONTHLY STATISTICS FOR JANUARY – VIA EMMER GREEN SURGERY WEBSITE

In the month of JANUARY, we had **916** repeat prescription requests.

We also had **35** New Patient Requests.

We offered **1288** face to face appointments and of those patients **38** did not attend.

PLEASE cancel your appointment so we can give this to someone else to attend.

Very efficient process of being invited for a blood test, booking it in, signing in at practice on arrival and being seen on time and efficiently for my blood test. Plus, lovely staff at Emmer Green surgery!

CLARE WAS VERY GOOD AND UNDERSTANDING

My visit had a positive outcome, I was treated with care, concern and sympathy. This left me feeling positive and prepared to carry out the treatment prescribed.

Treated with dignity and respect. Friendly and helpful staff. Very much appreciated having a face to face appointment, I feel that this is very beneficial to the Dr and the patients. Thank you very much to Dr Oji, you are amazing

NHS Emmer Green Surgery
NHS GP Surgery in Reading

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Appointments
Find out how to make, change or cancel an appointment

Prescriptions
Get a repeat prescription, help with medicines or find a pharmacy

Sick Notes
Get a sick (fit) note for work or find out about self-certification

Test Results
Get your recent test results and find out what to do next

Register With Us
Check our catchment area and register with the surgery

Contact Us
Find and contact the surgery or what to do when we are closed

Emmer Green Surgery Website

Our website recently had a makeover!

Patients can order repeat prescriptions, send the practice messages and find out key information relating to local health services.

Please visit

www.emmergreensurgery.co.uk

EATING DISORDER AWARENESS WEEK 2025

28TH FEB- 6TH MARCH

In the UK at least **1.25 million** people are living with an eating disorder. Yet many people wouldn't know how to spot the signs that someone has an eating disorder.

Eating Disorder Awareness week is a vital opportunity to raise awareness of eating disorders. You can find information regarding the campaign and donate at [Eating Disorders Awareness Week 2025](#)

SELF REFER TO PHYSIOTHERAPY

Patients aged 16 or over who have **not** received physiotherapy for the specific area of concern in the past six months, can now self-refer to local physiotherapy providers **without** the need to see a GP.

Self-referral is particularly suitable for people with relatively simple conditions such as joint pain, strains or other injuries.

If you have more complex needs – for example you have movement problems caused by a stroke, you may still need a referral from a doctor.

You can find out more [here](#)

WORLD CANCER DAY

4th February



Cancer touches millions of lives in countless ways but it doesn't define who we are. We are more than a disease, more than a statistic. The World Cancer Day campaign places people at the center of care and will explore new ways of making a difference.

Because together, we make a positive change.

We believe that access to life-saving cancer diagnosis, treatment and care should be equitable for all – no matter where you live, what your income, your ethnicity or gender. Every action matter, whether it is small or big.

New Members of Staff

Emmer Green Surgery is proud to welcome new members of staff to our team here at the surgery.

Nina has joined our reception team and Dr Sabahat Chaudhary joins our GP Locum's.

We hope you will help us to make them feel welcome. Please say hello if you see them around!



Local Reading Food Pantry

On benefits or a low income?
Find the cost of food too much?

Join our Food Pantry!

Whitley Wood: Tuesday 1-3pm

Hexham: Wednesdays 12-2pm

📍 **Whitley Wood
Community Centre,
28-35 Lexington Grove,
RG2 8UG**

📍 **Hexham Road
Community Centre,
1a Bamburgh Close,
RG2 7UD**