

EMMER GREEN SURGERY

PATIENT NEWSLETTER

January Edition

HAPPY ★ NEW ★ YEAR

Friends and Family – Would you the patients recommend us?

For the Month of December: We received **271** responses.

This is what you said about us. Thank you very much!

Options	Total	Percentage
Extremely Likely	229	84.5%
Likely	37	13.7%
Neither	2	0.7%
Unlikely	1	0.4%
Extremely Unlikely	1	0.4%
Don't Know	1	0.4%

Here are some of your lovely comment's you left about us this month.

MONTHLY STATISTICS FOR DECEMBER – VIA EMMER GREEN SURGERY WEBSITE

In the month of DECEMBER, we had **915** repeat prescription requests.

We also had **42** New Patient Requests.

We offered **1089** face to face appointments and of those patients **40** did not attend.

PLEASE cancel your appointment so we can give this to someone else to attend.

"Really helpful approachable receptionists . Good doctor response. Really very happy with service. Thank you"

"GRACE WAS FANTASTIC, VACCINES DONE WITH NO FUSS"

"BRILLIANT RECEPTIONIST AND DOCTORS"

"I was treated in a timely fashion with kindness and understanding."

"The arrangement was quick, and I got the messages. My English is not very good, so the doctor will write information for me to understand better."

LITTLE LIFTS

Every year approximately 55,000 women and 400 men are diagnosed with breast cancer in the UK.

Little Lifts provide NHS approved care packages for people undergoing breast cancer treatment. From a soothing heat pack for pain relief to luxury body lotion, organic chocolate, and treats to promote relaxation, our Boxes are packed with carefully selected items. Each product is chosen by people who have experience of receiving chemotherapy or radiotherapy treatment for breast cancer.

Anyone in active treatment for breast cancer in the UK is eligible to apply for a free Little Lifts gift Box, funded by our Little Kindness Fund.

Please speak to a member of the surgery for a referral to little lifts.

little lifts

DRY JANUARY 2025

CHALLENGING YOU TO GO ALCOHOL FREE FOR 31 DAYS AND AIM TO RAISE AWARENESS OF THE EFFECTS OF ALCOHOL.

PRACTICAL TOP TIPS:

- **REMOVE BOOZE OUT OF YOUR HOUSE BEFORE THE CHALLENGE BEGINS**
- **STOCK UP ON ALCOHOL FREE DRINKS**
- **TRY SOME CAFFEINE-FREE TEAS OR COFFEES FOR A NEW EVENING RITUAL**
- **LISTEN, WATCH OR READ A VARIETY OF 'QUIT LIT' STYLE MATERIAL TO FIND WHAT WORKS FOR YOU.**
- **KEEP YOURSELF BUSY IN YOUR DOWNTIME BY PICKING UP A NEW (OR OLD) HOBBY**
- **STOCK UP ON SOME GOOD BOOKS OR YOUR FAVORITE GAME.**



TELLMI

Tellmi is a safe anonymous app where your child can talk about absolutely anything, from anxiety, autism, self-harm to self-esteem. Sharing their concerns can really help them feel better. There are moderators checking everything to keep them safe and in-house counsellors on hand if they need extra support.

Tellmi makes it easy to talk about whatever is on their mind. Encourages them to share their problems and get help and advice from a supportive community.



NEW MEMBERS OF STAFF

EMMER GREEN SURGERY IS PROUD TO WELCOME TWO NEW MEMBERS TO OUR TEAM HERE AT THE SURGERY.

ANA WILL BE JOINING OUR NURSING TEAM, AND RADHIKA WILL BE JOINING THE ADMIN TEAM.

WE HOPE YOU WILL HELP US TO MAKE THEM FEEL WELCOME. PLEASE SAY HELLO IF YOU SEE THEM AROUND.

